

# Mull of Kintyre Half Marathon and 10k



## Sunday 25<sup>th</sup> May 2008



<b>Categories –</b> Age category is age on day of race.	
<b>Male</b>	<b>Female</b>
Junior(15-17 <i>10k only</i> ) Senior(18-39), Veteran (40+)	Junior(15-17 <i>10k only</i> ) Senior (18-34) Veteran (35+)

**Warmup: 10.00 am, Briefing: 10.15 am, 1/2 Marathon and 10k Races start: 10.30 am**

Start/finish will be at the **Esplanade, Campbeltown**

Please familiarise yourself with the course before the race – [www.mokrun.com](http://www.mokrun.com)

A **Children's Fun Run** on parkland will also take place allowing the whole family to get involved. There will be a 2km race for 11 – 14 year olds at 12 noon and a 1km race for 6 – 10 year olds at 12.20 pm. Places are limited so please apply in advance with the attached main entry form (separate form for each runner). All children will receive a mini goodie bag and medal.

All adult competitors will receive a medal, t-shirt and refreshments. Free parking is available at the Burnside Square Car Park and street parking. Trophies and prizes will be awarded for category winners in a prizegiving ceremony at 1pm. A prize will also be given for the 1<sup>st</sup> placed local runner, men and women, in each race.

If you are running for charity please contact them directly or see [www.justgiving.co.uk](http://www.justgiving.co.uk) for further details.

The **Pre-run Pasta Party** (details tbc) will take place on Saturday 24<sup>th</sup> May (£8pp) and the **Post-run Ceilidh** in conjunction with SKSC will be held in the evening in the Victoria Hall on Sunday 25<sup>th</sup> May (£10pp). Due to expected demand, tickets for the pasta party and ceilidh are currently restricted to one per runner, which can be purchased using this entry form. If you would like to go on the waiting list for additional tickets for friends/relatives, please e-mail [elainemckillop@hotmail.com](mailto:elainemckillop@hotmail.com).

On receipt of application, you will receive a confirmation note of entry via email. For information on how to get to Campbeltown or for accommodation see [www.visitkintyre.info](http://www.visitkintyre.info) or [www.campbeltown.info](http://www.campbeltown.info). A race pack including your race number, important information and Pasta Party/Ceilidh tickets will be sent out around 2 weeks before the race.

Please return completed entry form to the address below or at the collection box in the Aqualibrium before **Friday May 9th 2008**.

**MOKRUN  
PO BOX 9270  
CAMPBELTOWN  
PA28 6WB**

**STRICTLY NO ENTRIES ON THE DAY**

Any questions? Please contact

Race Director **Tom Barbour** on Tel: 01357 523724 or 07736180428, e-mail: [tobarbour@hotmail.com](mailto:tobarbour@hotmail.com)

Race Secretary **Elaine McGeachy** on Tel: 07799264005, email [elainemckillop@hotmail.com](mailto:elainemckillop@hotmail.com)

[www.mokrun.com](http://www.mokrun.com)

*The 2008 Mull of Kintyre Half Marathon and 10k is a Scottish Athletics permitted race. Competitors enter under UK Athletics rules for competition.*

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\* To qualify the runner's address must be from South Kintyre

# MOKRUN 2008 Entry Form

Name.....DOB .....

Address.....

Postcode.....Phone number.....Sex M / F (Please Circle)

E-mail address.....

<b>1. Race Fee (please select one)</b>	
Half Marathon - Affiliated Scottish Athletics	£14 ..... SA membership No: _____
Half Marathon - Non affiliated:	£16 .....
10k - Affiliated Scottish Athletics:	£12 ..... SA membership No: _____
10k - Non affiliated:	£14 .....
Junior Fun Run	£3 .....
T-shirt size (Adult races only) Please circle S / M / L / XL / XXL	
<b>2. Pasta Party (optional)</b>	£0/£8 .....
Tickets £8	
<b>3. Ceilidh (optional)</b>	£0/£10 .....
Tickets £10	
Please email <a href="mailto:elainemckillop@hotmail.com">elainemckillop@hotmail.com</a> if you wish to be on the waiting list for extra Pasta Party /Ceilidh tickets	
<b>TOTAL PAYMENT ENCLOSED</b> £.....	
(CHEQUES MADE PAYABLE TO "Mull of Kintyre Run Committee")	

*Nb – Junior fun run entrants are not eligible to buy pasta party or ceilidh tickets*

Disclaimer

I accept that this event is conducted under Scottish Athletics rules and conditions and I agree to acquaint myself with and abide by those rules and any organisers' instructions. I declare that I am medically fit to compete in endurance and that I participate in this event entirely at my own risk and I acknowledge that this event is a test of my fitness and has with it the potential of serious injury or property loss. The risks of participation include, but are not restricted to, weather conditions, road traffic, beach running, (1/2 marathon only) behaviour of other participants, volunteer helpers, officials and spectators in out of the event and dehydration. Entrants are reminded that they are to obey all highway/traffic laws, as well as follow all directions of the Police and Marshals during the race. Failure to do so will lead to disqualification. I hereby, aware of these, assume the risks of participating in this event and I agree to waive any claim and to release and discharge from any claim which I or they may have in respect of death, disability, injury, property loss or damage as a result of or while I am participating in the event, the event organisers, director, sponsors, officials, administrators or volunteer helpers. I also agree to indemnify the persons mentioned immediately above for any or all liabilities or claims made against them as a result of my behaviour in this event. All participants in Fun Run events must have parental permission to take part. I accept that no refund can be given due to cancellation or postponement of the event due to circumstances outside the Organisers' control. We cannot refund entries to entrants who do not eventually take part in the race. Entrant numbers will be limited and organisers reserve the right to refuse entry and/or return entry form/payment if this limit has been reached.

I have read, understood and agree with the disclaimer

Signed \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian to sign if entrant under 18: •